



## **Program Outline**

**Canadian Academy of Psychosomatic Medicine (CAPM) Scientific Meeting:**

**3<sup>rd</sup> Annual Meeting**

**Wednesday September 25, 2013**

**Ottawa Convention Centre, Ottawa, Ontario**

<b>930-1000</b>	<b>Early Registration</b>
<b>1000-1130</b>	<b>CAPM Annual General Meeting</b>
<b>1130-1200</b>	<b>Break &amp; Late Registration</b>
<b>1200-1245</b>	<b>Lunch</b>
<b>1245-1300</b>	<b>Opening Remarks – Dr. Sanjeev Sockalingam</b>
<b>1300-1400</b>	<b>Plenary Presentation</b>

**Dr. Peter Giacobbe - “Electroconvulsive Therapy in the Medically Ill: When Should It Be Considered?”**

*Learning Objectives:*

1. Increased awareness of the indications for ECT
2. Increased knowledge of the mechanisms of action of ECT and how they impact diverse organ systems throughout the body
3. Review the evidence of the efficacy and safety of ECT in medically ill populations.

**1400-1415                      Break**

**1415-1515                      Two Breakout Groups (Workshops A & B (60 minutes each))**

### **Workshop A**

**Dr. Robert Hewko- "Persistent Delirium as a Disorder of Sleep"**

*Learning Objectives:*

1. To understand the neurobiological mechanisms associated with delirium.
2. To understand the role of sleep disturbance as a perpetuating factor in delirium and its clinical significance.
3. To understand assessment and treatment parameters for the management of sleep disturbance associated with delirium.

## **Workshop B**

### **Dr. Katharine Gillis - "An Approach to Assessing Sick Leave and Disability in Patients in Mental Health Disorders and Medical Illness"**

#### **Learning Objectives:**

1. To understand the key principles for documentation of sick leave and disability for chart notes, sick notes, 3rd party letters and forms
2. To develop a systematic approach to assessment of sick leave and disability with the use of an assessment guide.
3. To analyze strategies for minimizing work place avoidance

**1515-1530                      Nutrition Break**

**1530-1630                      Two Breakout Groups Repeated (Workshops A & B Repeated)**

**1630-1700                      Concluding Remarks**

**1700-1800                      Break and Travel to Evening Event**

**1830-2000                      Evening Plenary**

### **Dr. Sanjeev Sockalingam – “Treating Depression in Specific Medical Conditions: A Review of the CANMAT Co-Morbidity Guidelines”**

#### **Learning Objectives:**

1. To understand the prevalence of depression in specific medical conditions
2. To identify a treatment approach to depression in medical conditions
3. To analyze the evidence for the pharmacological treatment in medical conditions

*\* Dinner not included in registration*